

GEMARTS MASALA FESTIVAL

The award-winning GemArts Masala Festival returns 17th-23rd July 2017,
serving up a mix of the finest South Asian arts and culture across the North East.
www.gemarts.org

FOUR COURSES £20pp

Pre-Starter

Rasam (V)

Freshly roasted tomatoes and
ginger-infused light lentil chowder

Starters

Chicken Cutlet

A Syrian Christian speciality of Kerala
deep-fried spicy chicken and potato,
served with a ginger tomato dip

Chicken Pepper Fry (GF)(DF)

Thinly sliced chicken strips, stir fried with
red onion, chillies, curry leaf, mustard
seeds and herbs, served with coconut and
turmeric coulis

Malabar Lamb Chop Masala (GF)

Lamb chops marinated overnight in a
special Malabar spice mix, oven cooked

Vegetable Dal Vadai (V)(GF)(DF)

Deep-fried lentil batter balls served with
tamarind chutney and sambar

Mains

Nadan Kozhy Curry (GF)(DF)

Traditional Malabar home-style chicken
curry cooked with curry leaf, mustard seeds,
onion and finished with coconut extract

Erachi Olaththathu (GF)(DF)

Cubed lamb blanched in turmeric water,
dry cooked with an abundance of onion,
fresh green chillies, black pepper and freshly
grated coconut

Duck Chilli Fry (GF)(DF)

Cubed duck breast stir fried with an
aromatic combination of star anise, cloves,
lime and pepper

Traditional Fish Curry (GF) (DF)

Marinated fish fillets simmered in coconut,
coriander and mustard-flavoured spicy sauce.

Malabar Chemeen Curry (GF) (DF)

Bay of Bengal Tiger King Prawns cooked
gently in a soft spiced coconut and tomato
curry, accentuated with ginger and curry leaf

Vegetarian

Vegetable Kurma (V)(N)

Water chestnut, raw banana and potato
cooked in a fennel scented coconut
yoghurt curry

Sides

Pulao Rice (V)(GF)

Basmati rice flavoured with saffron

Steamed Rice (V)(GF)

Finest Basmati rice

Bread Basket (V)

An assortment of breads

Desserts

Kesari (N)

Semolina halwa cooked with nuts and
raisins served with vanilla ice-cream

Coconut & Choc Ice Cream

(V) Suitable for vegetarians (N) Contains nuts (GF) Gluten free (DF) Dairy free

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GEMARTS

M A S A L A

FESTIVAL

MINI MELA

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BHEL PURI, SAMOSA CHAAT, WRAPS,
BOMBAY LEMONADE & MORE

SUNDAY 23RD JULY
11AM-3PM

@Live Garden, Live Theatre, Broad Chare
Newcastle, NE1 3DQ
FREE ENTRY